

AHMEDABAD HOSPITALS & NURSING HOMES ASSOCIATION Launches

GUIDELINES ON COVID 19 HOME CARE PACKAGES

Ahmedabad is reeling under the Covid pandemic. In order to increase the availability of healthcare infrastructure, it is necessary that alternate solutions are thought of. It is necessary that the medical beds are available for more critical patients who require hospitalisation.

Considering that 80 to 85% of the patients have mild to moderate symptoms of Covid 19 for which hospitalisation is not required and considering the necessity to admit more critical patients, member hospitals and nursing homes of AHNA are launching Covid Home care packages for the people of Ahmedabad.

The following will be covered in the **Basic Home Care** packages:

- 1) Initial teleconsultation or physical consultation in hospital with a physician (M.D. /DNB- Internal Medicine)
- 2) Preparation of Covid Care plan & protocol on enrolment
- 3) Daily teleconsultation by a qualified nurse
- 4) Education & Training of Vitals Monitoring Chart
- 5) Education about Home Quarantine Guidelines
- 6) Home visit by a qualified nurse twice in 10 days
- 7) Teleconsultation by a Dietician
- 8) Teleconsultation by a Physician on discharge from Home Care
- 9) Written Home Care advise on discharge from Home Care

The duration for the Basic Home Care packages would be for minimum 10 days.

The cost for the above basic package will be capped at Rs. 699 per day. Hospitals can offer packages lower than this as well.

The hospital/physician will be required to keep proper documentation and detailed consent should be taken before starting the services.

Hospitals are at liberty to make additional packages keeping the above basic features in mind.

The following additional services can be provided **at additional costs** by individual hospitals and physicians based on the requirement and availability of resources. All the persons providing professional services at home will be required to wear PPE as per protocol.

Professional Services:

- 1) In Person Professional Services by Medical Officer at Home (M.B.B.S. Doctor)-
- 2) In Person Professional Services by Physician at Home (M.D./DNB)-
- 3) In Person Professional Services by a Qualified Nurse at home (GNM/B.Sc.) –
- 4) In Person Lab Collection services at Home-

Covid Care Kit:

The following basic kit will be provided at additional Costs for Covid Care:

- 1) Thermometer- 1
- 2) Pulse Oxymeter-1
- 3) BP Monitoring Instrument-1
- 4) Hand Sanitiser-500 ml-1
- 5) N 95 Masks- 10

The charges for the kit will be as per the market prices.

Provision of Equipment/Instrument at Home:

The following equipments/instruments can be provided at home on additional charges.

- 1) Suction machine
- 2) Multipara monitor
- 3) Oxygen cylinder & Flow meter

Notes:

- 1) Home Care is not an equal alternative of hospitalised care and it has to be done based on advise of a physician only
- 2) Your physician will decide whether Home Care is suitable for you or not
- 3) If patients have a slightest element of doubt of deterioration, he should get an expert opinion and might require hospitalisation.
- 4) Because of limited availability of beds in the city hospitals and a relatively higher cost of hospitalised care, this model is developed on compassionate grounds.
- 5) AHNA does not recommend Home Care for patients above 60 or patients with co-morbidity at any age.

We are sure availability of these services will help the people of Ahmedabad immensely and the medical care would come to the doorsteps of the citizens.

Enquiries can be made at hospitals for availability of services.

As of now Home Care Services have been launched by:

- 1) Shalby Hospitals- SG Highway
- 2) HCG Hospitals- Navrangpura
- 3) Star Hospitals- Bapunagar
- 4) Tapan Hospital- Satellite
- 5) Saviour Hospital- Navrangpura
- 6) Tapan Hospital- Bapunagar
- 7) Dhvani Hospital-

Other hospitals and physicians will also be launching packages in the coming days

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